

|  <h1 style="text-align: center;">Activity Center Calendar May 2017</h1>  | |  Saturday Trips | | | |
|--|--|---|--|--|---|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 1 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 10:00 Painting w/ Athena  | 2 9:00 Exercise 10:00 Audibel Clinic 10:00 Line Dancing  1:00 Toe Nail Clinic  5:00 Tuesday Night Meal 6:00 Bingo | 3 COFFEE CLUB  9:00 TOPS 11:30 Mother's Day Potluck 1:00 Games  | 4  8:30 - 11:30  Senior Center Health & Information Fair  | 5 COFFEE CLUB  9:30 Rules Of The Road 1:00 Bingo Sponsor: Effingham Health & Rehab | 6 Have a Moon Burger at Moonshine then check out the sites!  CASEY, IL Bus leaves ECCOA at 8:00 am Ph: 1-855-755-2478 to schedule |
| 8 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class  | 9 9:00 Exercise 10:00 Line Dancing  | 10 COFFEE CLUB 9:00 TOPS 1:00 Games | 11 9:00 Exercise 11:00 Dine with a Doc®  12:30 Super Bingo!  | 12 COFFEE CLUB 1:00 Bingo Sponsor: Effingham Ophthalmology | 13 Try your luck at Argosy Casino! ALTON, IL  Bus leaves ECCOA at 8:00 am Ph: 1-855-755-2478 to schedule |
| 15 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class | 16 9:00 Exercise  10:00 Line Dancing 1:00 Toe Nail Clinic 1:00 Sundae Bar with Kelly Willenborg!   | 17 COFFEE CLUB 9:00 TOPS <div style="text-align: center;">CLOSED</div> Closed for private Classic 55 Club Meeting in Activity Center | 18 9:00 Exercise 11:00 BBQ Luncheon 12:00 Music by "The Smokehouse Gang"  | 19 COFFEE CLUB 1:00 Dessert Bingo Sponsor: Villas of Hollybrook  | 20 Find a good deal at the Flea Market! BELLEVILLE, IL  Bus leaves ECCOA at 8:00 am Ph: 1-855-755-2478 to schedule |
| 22 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class  | 23 9:00 Exercise 10:00 Line Dancing  1:00 "Meals For One" cooking demonstration by HSHS St. Anthony's Hospital  | 24 COFFEE CLUB  9:00 TOPS 1:00 Games | 25 9:00 Exercise 1:00 Birthday Party  Cake by Martins , ice cream from Brookstone , gift from Effingham Rehab. | 26 COFFEE CLUB 1:00 Bingo Sponsor: Lakeland Rehab | 27 Come & go shopping at White Oaks Mall!  SPRINGFIELD, IL Bus leaves ECCOA at 8:00 am Ph: 1-855-755-2478 to schedule |
| 29 Office CLOSED in observation of Memorial Day  | 30 9:00 Exercise 10:00 Line Dancing  1:00 Senior Cinema presents: "The Cowboys" starring John Wayne  | 31 COFFEE CLUB 9:00 TOPS 1:00 Games | 1-Jun 9:00 Exercise  10:30 Blood Pressure Check by St Anthony Hospital 11:30 Monthly Potluck  | 2-Jun COFFEE CLUB 9:30 Rules Of The Road 1:00 Bingo Sponsor: Effingham Health & Rehab | 3-Jun Info to come.... Bus leaves ECCOA at 8:00 am Ph: 1-855-755-2478 to schedule |