




























# Activity Center Calendar October 2016

## Saturday Trips

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1 Taylorville Chilifest Taylorville, IL</p>  <p>Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p>3 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 10:00 Painting w/Jim 1:00 Games</p> 	<p>4 9:00 Exercise 10:00 Audibel 10:00 Line Dancing 1:00 Toe Nail Clinic 5:00 Tuesday Night Meal 6:00 Bingo</p> 	<p>5 COFFEE CLUB 9:00 SHIP 9:00 TOPS 1:00 Games</p> 	<p>6 9:00 Exercise 10:30 Blood Pressure Check by SAMH 11:30 Monthly Pot Luck <b>Sponsored by Brookstone Estates</b> 12:00 SHIP 1:30 Nursing Home Bingo</p> 	<p>7 COFFEE CLUB 12:30 Blood Pressure Check 1:00 BINGO Sponsor: <b>Effingham Health &amp; Rehab</b></p> 	<p>8 Scarecrow Daze Shelbyville, IL</p>  <p>Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p>10 <b>Office CLOSED in observation of Columbus Day</b></p> 	<p>11 9:00 Exercise 10:00 Line Dancing</p> 	<p>12 COFFEE CLUB 9:00 SHIP 9:00 TOPS 11:00 NARFE 1:00 Games</p> 	<p>13 9:00 Exercise 11:00 Dine with a Doc <b>Sponsored by Brookstone Estates</b> 12:00 SHIP 1:00 Games</p> 	<p>14 COFFEE CLUB 1:00 BINGO Sponsor: <b>Effingham Ophthalmology</b></p> 	<p>15 Sullivan Oktoberfest Sullivan, IL</p>  <p>Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p>17 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games</p>	<p>18 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic 1:00 Senior Cinema - <i>"Dial M for Murder"</i> - starring Grace Kelly.</p>  	<p>19 COFFEE CLUB 9:00 SHIP 9:00 TOPS 1:00 Games</p>	<p>20 8:30 Breakfast In A Briefcase <b>Sponsor: Lakeland Rehab</b> 9:00 Exercise 12:00 SHIP 1:00 Games</p>	<p>21 COFFEE CLUB 1:00 Dessert BINGO Sponsor: <b>Villas of Holly Brook</b></p>  	<p>22 The Great Pumpkin Patch Arthur, IL</p>  <p><b>\$5 entry fee</b></p> <p>Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p>24 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games</p> 	<p>25 9:00 Exercise 10:00 Line Dancing</p>	<p>26 COFFEE CLUB 9:00 SHIP 9:00 TOPS 1:00 Games</p> 	<p>27 9:00 Exercise 12:00 SHIP 1:00 Birthday Party cake by Martins, ice cream from Brookstone, &amp; a gift <b>Effingham Health &amp; Rehab</b> 1:00 Games</p> 	<p>28 COFFEE CLUB 1:00 BINGO Sponsor: <b>Lakeland Rehab &amp; Healthcare</b></p> 	<p>29 Fall Flea Market at Cross County Mall Mattoon, IL</p>  <p>Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p>31 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games</p> 	<p>1-Nov 9:00 Exercise 10:00 Line Dancing</p>	<p>2-Nov COFFEE CLUB 9:00 SHIP 9:00 TOPS 1:00 Games</p>	<p>3-Nov 9:00 Exercise 12:00 SHIP 1:00 Games</p>	<p>4-Nov COFFEE CLUB 9:30 Rules Of The Road 1:00 BINGO Sponsor: <b>Brookstone Suites</b></p>  	<p>5-Nov Try your luck at the Argosy Casino Alton, IL</p> <p>Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am</p>