

# Activity Center Calendar August 2019

Saturday Trips



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p><b>1</b> 10:30 Blood Pressure Check by St Anthony Hospital 11:30 Monthly Potluck Luau Sponsor: Stanfield Chiropractic 🍍 12:30 SHIP 1:30 "Fun For Facilities" Bingo</p>	<p><b>2</b> 1:00 Bingo Sponsor: Effingham Health &amp; Rehab </p>	<p><b>3</b> <b>Mt. Vernon, IL</b> Market Days at Veteran's Park, Gordman's/Mall, Lunch at The Grille.  Bus leaves ECCOA at 8:00 am Ph: 1-855-755-2478 to schedule</p>
<p><b>5</b> 9:30 Knitting/Crochet Class 1:00 Games </p>	<p><b>6</b> 8:30 SHIP 10:00 Line Dancing 1:00 Toe Nail Clinic 5:00 Tuesday Night Meal 6:00 Bingo </p>	<p><b>7</b> 9:00 TOPS 1:00 Games</p>	<p><b>8</b> 11:00 Dine with a Doc®  12:30 SHIP 1:00 Games</p>	<p><b>9</b> 1:00 Bingo Sponsor: Effingham Ophthalmology <b>BINGO</b></p>	<p><b>10</b> <b>Springfield, IL</b> History Comes Alive! Tour, Lunch at Long Nine Junction.  Bus leaves ECCOA at 8:00 am Ph: 1-855-755-2478 to schedule</p>
<p><b>12</b> 9:30 Knitting/Crochet Class 1:00 Games</p>	<p><b>13</b> 8:30 SHIP 10:00 Line Dancing </p>	<p><b>14</b> 9:00 TOPS 11:00 NARFE 1:00 Games </p>	<p><b>15</b> 11:00 Successful Aging Sponsor: Willowbrook Memory Support 12:30 SHIP </p>	<p><b>16</b> 1:00 Dessert Bingo Sponsor: Villas of Hollybrook </p>	<p><b>17</b> <b>Belleville, IL</b> Flea Market, Lunch at Chick-Fil-A.  Bus leaves ECCOA at 8:00 am Ph: 1-855-755-2478 to schedule</p>
<p><b>19</b> 9:30 Knitting/Crochet Class 1:00 Games</p>	<p><b>20</b> 8:30 SHIP 10:00 Line Dancing 1:00 Toe Nail Clinic 2:00 Bingo with Chris from Sarah Bush Lincoln! </p>	<p><b>21</b> 9:00 TOPS 1:00 Games</p>	<p><b>22</b> 12:30 SHIP</p>	<p><b>23</b> 1:00 Bingo Sponsor: Lakeland Nursing &amp; Rehab </p>	<p><b>24</b> <b>East St. Louis, IL</b> Casino Queen, Lunch at the Casino.  Bus leaves ECCOA at 8:00 am Ph: 1-855-755-2478 to schedule</p>
<p><b>26</b> 9:30 Knitting/Crochet Class 1:00 Games 1:30 Savvy Senior Pie Palooza! </p>	<p><b>27</b> 8:30 SHIP 10:00 Line Dancing 1:00 Senior Cinema Presents: "Jailhouse Rock"</p>	<p><b>28</b> 9:00 TOPS 1:00 Games </p>	<p><b>29</b> 12:30 SHIP 1:00 Birthday Party with cake &amp; ice cream provided by Aperia Care, gift from Effingham Rehab 1:30 Crafter's Corner With Hilltop</p>	<p><b>30</b> 1:00 Bingo Sponsor: Evergreen Nursing &amp; Rehab </p>	<p><b>31-Aug</b>  No Saturday Trip Scheduled</p>