
























Activity Center Calendar July 2018

Saturday Trips



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games</p> 	<p>3 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic 5:00 Tuesday Evening Meal 6:00 Bingo</p>  	<p>4 OFFICE CLOSED FOR 4TH OF JULY</p> 	<p>5 9:00 Exercise 10:30 Blood Pressure Checks by St Anthony Hospital 11:30 Monthly Potluck with 4th of July Bingo! Sponsor: Addus Homecare 1:30 Nursing Home Bingo!</p> 	<p>6 9:30 Rules of the Road 1:00 Bingo Sponsor: Effingham Health & Rehab</p>  	<p>7 Alton, IL Argosy Casino, lunch at casino.</p>  <p>Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p>9 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games</p>	<p>10 9:00 Exercise 10:00 Line Dancing</p>	<p>11 9:00 TOPS 11:00 NARFE 1:00 Games</p> 	<p>12 9:00 Exercise 11:00 Dine with a Doc® 1:00 Games</p> 	<p>13 1:00 Bingo Sponsor: Effingham Ophthalmology</p> 	<p>14 Springfield, IL White Oaks Mall, lunch at Longhorn Steakhouse</p>  <p>Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p>16 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games</p> 	<p>17 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic</p> 	<p>18 9:00 TOPS 1:00 Games</p>	<p>19 9:00 Exercise 11:00 Successful Aging Sponsor: Evergreen Nursing & Rehab</p> 	<p>20 1:00 Dessert Bingo Sponsor: Villas of Hollybrook</p> 	<p>21 Mattoon, IL Bagel Fest - Bagel breakfast, parade, bingo.</p>  <p>Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p>23 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games</p>	<p>24 9:00 Exercise 10:00 Line Dancing 1:00 Senior Cinema presents: "Honor Flight: One Last Mission"</p> 	<p>25 9:00 TOPS 1:00 Games</p>	<p>26 9:00 Exercise 1:00 Birthday Party with cake & ice cream provided by Aperion Care, gift from Effingham Rehab</p> 	<p>27 1:00 Bingo Sponsor: Lakeland Rehab</p> 	<p>28 Springfield, IL Governor's Mansion, lunch at IHOP</p>  <p>Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am</p>
<p>30 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games</p> 	<p>31-Jul 9:00 Exercise 10:00 Line Dancing</p> 	<p>1-Aug 9:00 TOPS 1:00 Games</p>	<p>2-Aug 9:00 Exercise 10:30 Blood Pressure Checks by St Anthony Hospital 11:30 Monthly Potluck Sponsor: The Glenwood 1:30 Nursing Home Bingo!</p> 	<p>3-Aug 9:30 Rules Of The Road 1:00 Bingo Sponsor: Effingham Health & Rehab</p> 	<p>4-Aug Info to come.</p> <p>Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am</p>