

Activity Center Calendar May 2018

Saturday Trips



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|--|---|
| | 1 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic 5:00 Tuesday Night Meal 6:00 Bingo | 2 9:00 TOPS 11:30 Mother's Day Potluck 1:00 Games | 3 8:30 - 11:30 Senior Center Health & Information Fair | 4 9:30 Rules of the Road 1:00 Bingo Sponsor: Effingham Rehab & Health Care | 5 Arthur, IL Shopping & Lunch at Hen House Ph: 1-855-755-2478 to Bus leaves ECCOA @ 8:00 am |
| 7 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class | 8 9:00 Exercise 10:00 Line Dancing | 9 9:00 TOPS 11:00 NARFE 1:00 Games | 10 9:00 Exercise 11:00 Dine with a Doc® 12:30 Super Bingo! | 11 COFFEE CLUB 1:00 Bingo Sponsor: Effingham Ophthalmology | 12 Tuscola, IL Outlet Mall & Lunch Ph: 1-855-755-2478 to Bus leaves ECCOA @ 8:00 am |
| 14 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class | 15 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic | 16 9:00 TOPS 1:00 Games | 17 9:00 Exercise 1:00 Facial Therapy with Friends & Fun! | 18 COFFEE CLUB 1:00 Dessert Bingo Sponsor: Villas of Hollybrook | 19 Belleville, IL Flea Market & Lunch at Eckert's Ph: 1-855-755-2478 to Bus leaves ECCOA @ 8:00 am |
| 21 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class | 22 9:00 Exercise 10:00 Line Dancing 1:00 Senior Cinema "Angels In The Outfield" | 23 9:00 TOPS 1:00 Games | 24 9:00 Exercise 11:00 Home Run Luncheon 12:00 Music provided by "The Smokehouse Gang" | 25 1:00 Bingo Sponsor: Lakeland Rehab & Healthcare | 26 No trip scheduled in observation of Memorial Day! Ph: 1-855-755-2478 to Bus leaves ECCOA @ 8:00 am |
| 28 Office CLOSED in observation of Memorial Day | 29 9:00 Exercise 10:00 Line Dancing | 30 9:00 TOPS 1:00 Games | 31 9:00 Exercise 1:00 Birthday Party with cake & ice cream provided by Aperia Care, gift from Effingham Rehab & Health Care | 1-Jun 1:00 Bingo Sponsor: Effingham Health & Rehab | 2-Jun Info to come.... Ph: 1-855-755-2478 to Bus leaves ECCOA @ 8:00 am |