

Activity Center Calendar October 2019

Saturday Trips



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:30 SHIP 10:00 Line Dancing 1:00 Toe Nail Clinic 5:00 Tuesday Night Meal 6:00 Bingo 	2 Office Closed For Staff Development & Training 	3 10:30 Blood Pressure Checks by St Anthony Hospital 11:30 Monthly Potluck Sponsor: Addus HealthCare 12:30 SHIP 1:30 Fun for Facilities Bingo 	4 9:30 Rules of the Road 1:00 Bingo Sponsor: Effingham Rehab & Health Care 	5 Tuscola/Mattoon, IL Tanger Outlets & Mattoon Mall, lunch at Stadium Grille Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 9:00 am
7 9:30 Knitting/Crochet Class 1:00 Games	8 8:30 SHIP 10:00 Line Dancing 	9 9:00 TOPS 11:00 NARFE 1:00 Games 	10 10:00 Flu Shot Clinic by Kremer Pharmacy 11:00 Dine with a Doc® 12:30 SHIP 1:00 Games 	11 1:00 Bingo Sponsor: Effingham Ophthalmology 	12 Belleville, IL Our lady of the Snows, lunch at the restaurant Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am
14 Office Closed For Columbus Day! 	15 8:30 SHIP 10:00 Line Dancing 1:00 Toe Nail Clinic 2:00 Bingo with Chris from Sarah Bush Lincoln! 	16 9:00 TOPS 1:00 Games	17 11:00 Successful Aging Sponsor: The Villas Of Hollybrook 12:30 SHIP 	18 1:00 Dessert Bingo Sponsor: Villas of Hollybrook 	19 Arthur, IL Flea Market & Lunch at Yoder's Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am
21 9:30 Knitting/Crochet Class 1:00 Games 1:00 Senior Cinema presents: "Hocus Pocus" 	22 8:30 SHIP 10:00 Line Dancing 12:00 Fall Festival Sponsor: Senior Services of Effingham County. Featuring The Chuckwagon Gang 	23 9:00 TOPS 1:00 Games 	24 12:30 SHIP	25 1:00 Bingo Sponsor: Lakeland Rehab & Healthcare 	26 Springfield, IL White Oaks Mall, lunch at Olive Garden Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am
28 9:30 Knitting/Crochet Class 1:00 Games	29 8:30 SHIP 10:00 Line Dancing 1:00 Savvy Senior: "Get The Scoop" Ice Cream Social! 	30 9:00 TOPS 1:00 Games	31 12:30 SHIP 1:00 Birthday Party with cake & ice cream provided by Aperion Care, gift from Effingham Rehab & Health Care 	1-Nov 9:30 Rules of the Road 1:00 Bingo Sponsor: Effingham Health & Rehab 	2-Nov Info to come....