

Activity Center Calendar September 2018

Saturday Trips

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: orange;">September</h1>					1 NO TRIP Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am
3  Office CLOSED in observance of  LABOR DAY	4 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic 5:00 Tuesday Evening Meal  	5 9:00 SHIP 9:00 TOPS 1:00 Games	6 9:00 Exercise 10:30 Blood Pressure Check by St Anthony's Hospital 11:30 Monthly Potluck Sponsor: Aperion Care 1:30 "Fun For Facilities" BINGO 	7 9:30 Rules of the Road  12:30 Blood Pressure Check 1:00 BINGO Sponsor: Effingham Health & Rehab 	8 Broom Corn Festival Arcola, IL  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am
10 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games	11 9:00 Exercise 10:00 Line Dancing 	12 9:00 SHIP 9:00 TOPS 11:00 NARFE 1:00 Games 	13 9:00 Exercise 11:00 Dine with a Doc  1:00 Games	14 1:00 BINGO Sponsor: Effingham Ophthalmology 	15 Belleville Flea Market Belleville, IL  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am
17 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games	18 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic 	19 9:00 SHIP 9:00 TOPS 1:00 Games	20  Senior Center Closed For Staff Development & Training	21 1:00 Dessert BINGO Sponsor: The Villas of Hollybrook  	22 Tuscola Outlet Mall Tuscola, IL  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am
24 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games 	25 9:00 Exercise 10:00 Line Dancing 1:00 Senior Cinema - "The Bachelor And The Bobby-soxer" 	26  Senior Center Closed For Staff Development & Training	27 9:00 Exercise 12:00 SHIP 1:00 Birthday Party with cake & ice cream provided by Aperion Care , gift from Effingham Rehab . 1:00 Games 	28 1:00 BINGO Sponsor: Lakeland Rehab & Healthcare 	29 Apple & Pork Festival Clinton, IL  Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am
1-Oct 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 1:00 Games	2-Oct 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic 	3-Oct 9:00 SHIP 9:00 TOPS 1:00 Games	4-Oct 9:00 Exercise 10:30 Blood Pressure Check by St Anthony Hospital 11:30 Monthly Potluck Sponsor: Stanfield  Chiropractic	5-Oct 1:00 BINGO Sponsor: Effingham Health & Rehab 	6-Oct Info to come... Ph: 1-855-755-2478 to schedule Bus leaves ECCOA @ 8:00 am