







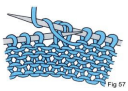














# Activity Center Calendar August 2017

Saturday Trips



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:00 Exercise 10:00 Line Dancing 10:00 Audibel 1:00 Toe Nail Clinic 5:00 Tuesday Night Meal 6:00 Bingo 	<b>2</b> COFFEE CLUB 9:00 TOPS 12:00 SHIP 	<b>3</b> 9:00 Exercise 10:30 Blood Pressure Check by St Anthony's Hospital 11:30 Monthly Potluck Sponsor: Brookstone Suites	<b>4</b> COFFEE CLUB 1:00 Bingo Sponsor: Effingham Health & Rehab 	<b>5</b> Shopping Mattoon, IL  Ph: 1-855-755-2478 to Bus leaves ECCOA @ 8:00 am
	<b>7</b> 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 10:00 Painting w/Athena 	<b>8</b> 9:00 Exercise 10:00 Line Dancing 	<b>9</b> COFFEE CLUB 9:00 TOPS 11:00 NARFE 12:00 SHIP 	<b>10</b> 9:00 Exercise 11:00 Dine with a Doc®  1:00 Games	<b>11</b> COFFEE CLUB 1:00 Bingo Sponsor: Effingham Ophthalmology 
<b>14</b> 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 	<b>15</b> 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic 	<b>16</b> COFFEE CLUB 9:00 TOPS 12:00 SHIP	<b>17</b> 8:30 Breakfast In A Briefcase Sponsor: Brookstone Suites 9:00 Exercise 12:00 SHIP 	<b>18</b> COFFEE CLUB 1:00 Dessert Bingo Sponsor: Villas of Hollybrook 	<b>19</b> Taste of Champaign Champaign, IL  Ph: 1-855-755-2478 to Bus leaves ECCOA @ 8:00 am
<b>21</b> 8:30 Defensive Driving 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class	<b>22</b> 8:30 Defensive Driving 9:00 Exercise 10:00 Line Dancing 	<b>23</b> COFFEE CLUB 9:00 TOPS 12:00 SHIP 1:00 Senior Cinema "The Help" 	<b>24</b> 9:00 Exercise 12:00 SHIP	<b>25</b> COFFEE CLUB 1:00 Bingo Sponsor: Lakeland Rehab & Healthcare 	<b>26</b> Sweet Corn Festival Urbana, IL  Ph: 1-855-755-2478 to Bus leaves ECCOA @ 8:00 am
<b>28</b> 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 	<b>29</b> 9:00 Exercise 10:00 Line Dancing 	<b>30</b> COFFEE CLUB 9:00 TOPS 12:00 SHIP	<b>31</b> 9:00 Exercise 12:00 SHIP 1:00 Birthday Party cake by Martins, ice cream from Brookstone Suites & gift from Health & Rehab 	<b>1-Sept</b> COFFEE CLUB 9:30 Rules of the Road  1:00 Bingo Sponsor: Effingham Health & Rehab 	<b>2-Sept</b> Info to come.... Ph: 1-855-755-2478 to Bus leaves ECCOA @ 8:00 am