









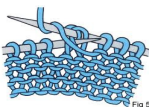













Activity Center Calendar September 2015

Saturday Trips



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|--|--|
| | 1 9:00 Exercise 10:00 Line Dancing 10:00 Audibel 1:00 Toe Nail Clinic 5:00 Tuesday Night Meal 6:00 Bingo  | 2 COFFEE CLUB 9:00 TOPS | 3 9:00 Exercise 11:30 Monthly Potluck Sponsored by Brookstone Suites  1:30 Nursing Home Bingo | 4 COFFEE CLUB 9:30 Rules Of The Road 1:00 Bingo Sponsor: Effingham Health & Rehab | 5 Pioneer City Weekend Palestine, IL  Ph: 1-877-667-6123 to schedule Bus leaves ECCOA @ 8:00 am |
| 7  In observation of LABOR DAY  | 8 9:00 Exercise 10:00 Line Dancing 5:00 Tuesday Night Meal 6:00 Bingo  | 9 COFFEE CLUB 9:00 TOPS 11:00 NARFE 1:00 "Smoke House Gang" Country Music 5:00 NAMI Support Group   | 10 9:00 Exercise 9:30 to 1:00 Flu Shot Clinic 11:00 Dine with a Doc®  1:00 Games | 11 COFFEE CLUB 1:00 Bingo Sponsor: Effingham Ophthalmology | 12 Broomcorn Festival and Beachy's Arcola, IL  Ph: 1-877-667-6123 to schedule Bus leaves ECCOA @ 8:00 am |
| 14 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class  | 15 9:00 Exercise 10:00 Line Dancing 1:00 Toe Nail Clinic 5:00 Tuesday Night Meal 6:00 Bingo  | 16 COFFEE CLUB 9:00 TOPS | 17 9:00 Exercise 1:00 Movie Time | 18 COFFEE CLUB 1:00 Dessert Bingo Sponsor: Villas of Hollybrook  | 19 Annual Wellness & Brain Fair Urbana, IL  Ph: 1-877-667-6123 to schedule Bus leaves ECCOA @ 8:00 am |
| 21 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class 10:00 Painting w/ Jim Rhodes  | 22 9:00 Exercise 10:00 Line Dancing 5:00 Tuesday Meal 6:00 Bingo  | 23 COFFEE CLUB 9:00 TOPS | 24 9:00 Exercise 1:00 Birthday Party cake by Martins , ice cream from Brookstone , gift from Effingham Rehab 1:00 Games  | 25 COFFEE CLUB 11:00 Successful Aging In The 21st Century  1:00 Bingo Sponsor: Lakeland Rehab | 26 St Peter's Cathedral, Weingarten Winery Bellville, IL  Ph: 1-877-667-6123 to schedule Bus leaves ECCOA @ 8:00 am |
| 28 9:00 SHIP 9:30 Knitting/Crochet Class 10:00 Quilting Class  | 29 9:00 Exercise 10:00 Line Dancing 5:00 Tuesday Night Meal 6:00 Bingo | 30 COFFEE CLUB 9:00 TOPS | 1 - Oct 9:00 Exercise 11:30 Monthly Potluck Sponsored by Lakeland Rehab 1:30 Nursing Home Bingo | 2-Oct COFFEE CLUB 1:00 Bingo Sponsor: Effingham Health & Rehab | |